



To cope with chaos, what you know and what you don't know matter!

1. Summarize the story in [Mark 4:35-41](#). This story is also found in Matthew 8:18-28 and Luke 8:22-26. What is happening? Ask questions. Where, when, and what is Jesus doing? How are the disciples reacting? Why?

Picture yourself as a disciple on this boat with Jesus. Let's start with the assumption that we would all be terrified. 🤪 What would be going through your mind?

Why was Jesus able to sleep during the storm?

2. They were sinking and it looked like they were going to drown. What did they assume about Jesus? [Vs. 38](#)

This describes experiences in my life, and I imagine it's nothing new to you, either!

God lets things happen to me that I don't like and would never have asked for.

He lets things happen to me that scare and even terrifies me.

He lets things happen to me that I don't understand.

He doesn't work out my life according to my plan.

I have often found myself wondering, "why, God?" Why did you let this happen?

Can you think of a time in your life when you felt this way?

According to these Scriptures, what can we know and what can't we know when we find ourselves feeling overwhelmed because of a storm in our lives?

Isaiah 41:10

Isaiah 55:8,9

*God has no problems, only plans.
When my plans are interrupted, his are not.
They are proceeding exactly as scheduled.*
Corrie Ten Boom

3. Did Jesus know the storm was coming?

Following Jesus does not mean that we will avoid the storms of life. The disciples ended up in the storm because they followed Jesus and obeyed him. Why would he put the disciples in harm's way? What can we learn from these Scriptures about our trials?

1 Peter 1:6,7

James 1:2-4

Romans 8:28

A faith that can't be tested is a faith that can't be trusted.
Warren Wiersbe

4. Did the disciples ask Jesus to calm the storm? _____

How did Jesus calm the storm? vs. 39 _____

Ponder your answers to these two questions. What does this tell us about the disciples' understanding of Jesus? What did they know, and what didn't they know about Jesus during this storm?

What happened when Jesus spoke to the storm?

Can you think of other examples in the Bible when we see God merely speaking and amazing things happen?

What do these Scriptures tell us about God's Word? What does it have the power to do?

Psalm 19:7,8

Isaiah 55:11

Romans 15:4

5. Jesus asked the disciples two questions in vs. 40. What are they?

- 1.
- 2.

What reasons did the disciples have to not be afraid?

In vs. 41, the disciples said to each other, "Who is this that even the wind and the sea obey him?" Picture yourself at this point in the story. If you were there and had just experienced this storm with the disciples, how would you respond?

Are you aware of a battle in your heart as your faith fights with fear? Can you pinpoint a specific fear or worry that you are dealing with now?

What will you ask God regarding this? Take what you've learned from this story and talk to God about how it applies to your situation.

Peace is merely anxiety that took the time to pray.

See and Share

*Peer--to look closely or intently at something that may difficult to see

Pray—Psalm 119:18

Examine the context. Ask questions.

Evaluate how this applies to you.

Respond. Talk to God about what you've seen.

Share. Tell somebody!

As we have peered into this lesson, what have you seen? What will you hold on to from this lesson?

Who will you share this with?